



The Port Wheel

The weekly bulletin of the Rotary Club of Port Macquarie Inc
Volume 74 - No.30 Wednesday 16th February 2022

Club No. 17940 Chartered May 22nd, 1948

Website www.rotaryclubportmacquarie.com.au

Facebook - <https://www.facebook.com/RotaryClubPortMacquarie/>

The Rotary Club of Port Macquarie

P.O. Box 136, Port Macquarie
NSW 2444 Australia

President - Frank Moxon

President-elect - PDG Debbie Loveday

Immediate Past President - Elizabeth Fielding

Vice President - Gai Nixon

Secretary - Geoff Slack

Treasurer - Bob Cleland

Club Service Director - PDG Debbie Loveday

Community Service Director - Phil Perry

International Service Director - Ray Hodgson

Vocational Service Director - Neil Porter

Youth Service Director - Diana Gammon

Club Meetings each Wednesday @
Port Panthers 5-30pm for 6pm start.

Apologies for Week's Meet to -

Frank Moxon

Email: pamoxym@gmail.com
or 0413 349 144 & text - "Rotary
YES" or "Rotary, NO"

Club bank details - BSB 932-000
a/c 500 186 792

Past/Present District Governors

Roger Dulhunty 1969-70

Ivan Meldrum 1975-76

Laurie Barber 2006-07

Debbie Loveday 2020-21

David Mayne 2021-22

Bulletin Editor - Kerry Medway
kerryedway1946@gmail.com

Assistant Editor - PDG Debbie Loveday
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Our International guest speaker tonight was Dr Anjan Dongol. She is currently the head of OB-GYN at Kathmandu University Hospital, Dhulikhel, Nepal, and is an Associate Professor at Kathmandu University School of Medical Sciences.

Dhulikhel Hospital is an independent, not for profit, non-government institution which was conceived and supported by the Dhulikhel community, as a quality health services provider. The hospital was inaugurated by the late king HM Birendra Bir Bikram Shah Dev in 1996, as a collaborative project of the Municipality of Dhulikhel, NepaliMed International and Dhulikhel Health Service Association.

The Hospital is guided by the principles of social equity, sustainable development and harmony with nature. Through its trained staff, it provides cost effective, compassionate and quality health care services. The hospital believes in the fact that quality health services need not always be an expensive commodity and limited only to those who are rich enough to afford.

Dr Dongol says "I've played an instrumental role in advancing women's health."

Dr Anjana spoke about Nepal and its health status. We saw pictures of the geography, the peoples and the religious breakdown. Life expectancy in Nepal is only 68 years. There are 125 ethnic groups and they speak 123 languages. Nepal is home to 8 out of 10 of the highest mountains in the world. Dr Anjana shared with us the predisposing factors for prolapse in Nepalese women. We saw some pictures of Dhulikhel Hospital which has 500 beds, but heard about the 18 Outreach Centres, to support the Nepalese patients. Challenges to getting people to hospital are weather, transportation and politics. Dr Dongol discussed Dolakha, the capital of which is Charikot where we are assisting Dr Ray in building a Mum's and Babies Hospital. She spoke about COVID and that only 40.6% of the population is double vaccinated. We were shown a graph of the three waves of Covid infection and the many thousands of lives lost. It was most interesting to hear from a person, who lives and works in Nepal under very difficult circumstances. We applaud her efforts and her skills that she utilises everyday to improve the quality of life issues for the Nepalese. Thank Dr Ray for facilitating this weeks meeting.



JENNIFER JONES RIPE New Theme for 2022-2023

Rotary International President-elect Jennifer Jones wants members to imagine the possibilities in the change they can make to transform the world.

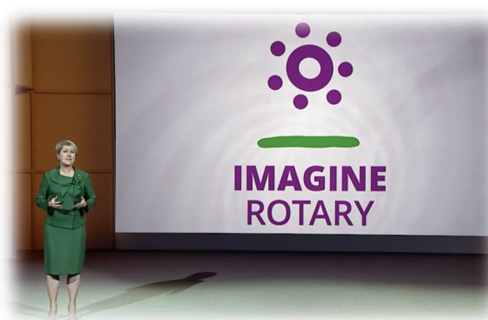
Jones, a member of the Rotary Club of Windsor-Roseland, Ontario, Canada, revealed the 2022-23 presidential theme, *Imagine Rotary*, as she urged people to dream big and harness their connections and the power of Rotary to turn those dreams into reality.

"Imagine, a world that deserves our best," Jones told incoming district governors on 20 January, "where we get up each day knowing that we can make a difference."

Jones, who will make history on 1 July by becoming Rotary's first female president, gave a live online address to precede Rotary's annual training event for district governors from around the world, the

International Assembly. The assembly was rescheduled because of the COVID-19 pandemic and will now be held virtually 7-14 February.

Jones told the incoming governors about a chance she took when a member asked for assistance in getting a young peace activist out of Afghanistan during the U.S. troop withdrawal last year. At first unsure how she could help, she relied on "that certain Rotary magic" and contacted a former Rotary Peace Fellow she had met a few years earlier. Less than 24 hours later, the activist was on an evacuation list, and soon she was on her way to Europe.



THE HOME OF OUR DISTRICT GOVERNOR

In Our 74th Year



Club program - If you are unable to fulfil your role, swap with someone & advise Port Wheel Editor Kerry.

| Date | Program | Speaker | Program Chr | Welcomer | Community Spotlight | InterToast | Sergeant |
|-----------|----------------------------------|----------------------------------|---------------|----------|---------------------|------------|---------------|
| Feb. 23rd | Zoom - Encounter with a shark | Charlotte Doyle & Mark Rapley | Diana Gammon | | | | Glenda Barber |
| Mar 2nd | ZOOM - Biodiversity Conservation | Andy McCubrie | Ted Giblin | | | | Neil Porter |
| March 9th | At Panthers - Youth Science | Students & teacher Stewart Smith | Stewart Smith | | | | Glenda Barber |

RI District 9650 Conference 2022 - Schedule

Registration Desk

The registration desk to collect your name tag and conference guide will be open during the following times:

Friday: 12pm-4pm or contact registration to organise to collect from cruise

Saturday: 8am-4pm & 6:30pm-7pm

Sunday: 8am-9am

Friday

Golf: 1pm

Bowls: 2pm

Sunset Cruise and Dinner: 6pm depart from wharf

Buffet Dinner: 6pm

Saturday

Foundation Breakfast - 8am

Conference Opening - 10am

Kel Wall - 10:50am

Keynote 1: Bernie Shakeshaft - 11:20am

Lunch - 12pm

Keynote 2: Secret Guest Presenter - 12:40pm

Public Speaking Competition - 1:20pm

Afternoon Tea: 2:20pm

ARH - 2:50pm

Keynote 3: Youth Insearch - 3:20pm

Conference Close: 4pm

Gala Dinner: 6:30pm for 7pm start

Sunday

Ecumenical Services: 8am

Conference reopens: 9am

Keynote 4: Mark Spencer - 9:05am

Rotary Foundation - 9:40am

Keynote 5: Sam Bailey - 10am

ROMAC - 10:20

Morning Tea - 10:40am

Keynote 6: Craig Challen - 11am

Keynote 7: Dr Ray Hodgson - 11:40am

Conference 2023 - 12:20pm

Conference close - 12:40pm

Lunch - 1pm

ROTARY DISTRICT 9650 CONFERENCE

- * Registrations close Thursday 4th March 2022
- * Late fee \$50 after 25th February 2022
- * No Refund after 4th March 2022

Please register ASAP

Register at <https://www.rotary9650.org.au/district-conference>

Get your printable registration form at the same web address

Email to: Register via email to - bkg5762@activ8.net.au

Club News

Stay in the Know!

NOTE THESE DATES

- March 4-5-6 ROTARY BOOK SALE at Panthers
- March 2nd Zoom—Encounter with a shark
- Mar 9th Dinner meeting at Panthers—Youth Sciences
- March 16th Vocational Visit to Hastings Funerals with Rod McCormick
- March 18-19-20 - DISTRICT CONFERENCE at Panthers.
- March 23 Social dinner venue TBC
- March 30—Zoom Club Alumni



A Trio of Anniversaries—Celebrated on Valentines Day

Valentines Day saw the celebration of four of our beloved members marriages. totalling 167 years of marriage between them, at Westport Bowling Club. Fred & June O'Toole (60 years). Glenda & Laurie Barber (58 years) & Kerry & Julie Medway (49 years). Happy Anniversary everyone!



Inspirational Quote of the Week

*"Do all the good that you can,
For all the people you can,
In all the ways you can, as long as you can.
(Hillary Clinton)*

Birthdays - March 2022

02/03 - Jack Wilson
18/03 - Ted Giblin
30/03 - Charles Craddock
31/03 - John Oxley
31/03 - Helen Crossley

Anniversaries March 2022

14/03 - Terry & Helen Crossley
17/03 - Frank & Sue Gaukroger
31/03 - Phil & Helen Brown