

The Port Wheel

The weekly bulletin of the Rotary Club of Port Macquarie Inc

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Club No. 17940 Chartered May 22nd, 1948

Website www.rotaryclubportmacquarie.com.au

Facebook - <https://www.facebook.com/RotaryClubPortMacquarie/>



76 YEARS

1948 - 2024

The Rotary Club of Port Macquarie

P.O. Box 136, Port Macquarie
NSW 2444 Australia

President - Ray Hodgson

President-elect - PDG Debbie Loveday

Vice President - Neil Porter

Secretary - Frank Moxon

Treasurer - Bob Cleland

Club Service Director -

PDG Debbie Loveday

Community Service Director -

Phil Perry

International Service Director -

Ray Hodgson

Vocational Service Director -

David Mayne

Youth Service Director -

Neil Porter

Environment Service Director -

Ted Giblin

Membership & Public Image -

PDG David Mayne

Rotary Foundation -

Phil Perry

Club Meetings Wednesdays @ Port
Panthers 5-30pm for 6pm start. BUT
check program on page 2 for what is
happening.

Club bank details - BSB 932-000
a/c 500 186 792

Past District Governors

Roger Dulhanty 1969-70

Ivan Meldrum 1975-76

Laurie Barber 2006-07

Debbie Loveday 2020-21

David Mayne 2021-22

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Loveday
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PLEASE NOTE NO MEETING NEXT WEEK 27th



The Men's Health Educational Rural Van is in town this week.(MHERV)

The Men's Health Education Rural Van is a regional project made possible by fundraising, generous sponsorship and time freely given by hundreds of Rotary Volunteers.

A custom built caravan with a dedicated Registered Nurse travels the state of New South Wales offering free health screenings to regional and rural men, who are notorious for being completely in the dark about

the state of their health.

Pictured above is the MHERV van that is being housed at Rotary Lodge this week along with the staff. Picture on the top right is the van at Rotary Lodge, together with Manager Paula Johnson and RN Leanne Garvey. The van will be visiting Laurieton, Wauchope and Port Macquarie. If you see it around give a wave, call in and see them, and better still if you know a man who maybe isn't looking after himself, urge them to call in. The van is off to Northern NSW and Southern Queensland later this month.

Interplast is 40 yrs old. This is Spencers story.

When the little boy, named Spencer was just 2 years old, his family experienced a terrible house fire in the middle of the night.

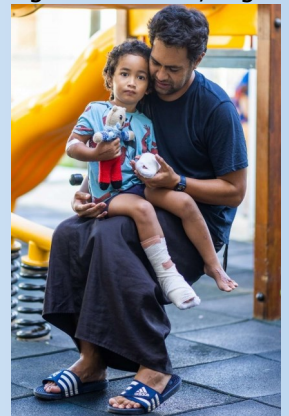
Spencer was rescued from his home by bystanders but, tragically, his grandmother and baby sister passed away. Spencer's left arm and both feet were badly burnt in the fire, and over the years, the burns formed thick, contracted scars on Spencer's body.

Children with severe burns require complex care to prevent their scars from tightening and forming contractures as they grow. Without medical attention, these scar contractures can be very debilitating, and will restrict the movement of the affected body part by thickening, and tightening and pulling the surrounding skin together. Across the Asia Pacific region, children with burns scar contractures cannot play properly, and struggle to participate fully in the daily life of their family and community. Simple movements such as walking, running or carrying things can be painful, and for some, impossible. With both visual disfigurement and physical disabilities caused by the contractures, burns survivors can face bullying and ostracization from other children and members of their community. And the duty of care which falls on one or more parents or relatives can have a profound impact on the rest of the patient's family.

On their recent trip to Vaiola Hospital, in Tonga's capital city of Nuku'alofa, Interplast volunteer surgeons Dr Graham Sellars and Dr David Morgan, alongside local general surgeon Dr Alamea Aholelei, were able to operate on Spencer. They released the contractures to his left arm and right foot using a skin graft from his inner thigh.

The successful surgery will have a major impact on Spencer's immediate future and that of his family. Interplast's Dr David Morgan explained to Spencer's uncle (who has taken over the role of Spencer's parent), that because of the surgery, Spencer will now be able "to play, and catch, and go to school and do all those sorts of normal things".

Article by, JANETTE ETHERINGTON, COORDINATOR -
ROTARY ENGAGEMENT | INTERPLAST AUSTRALIA &



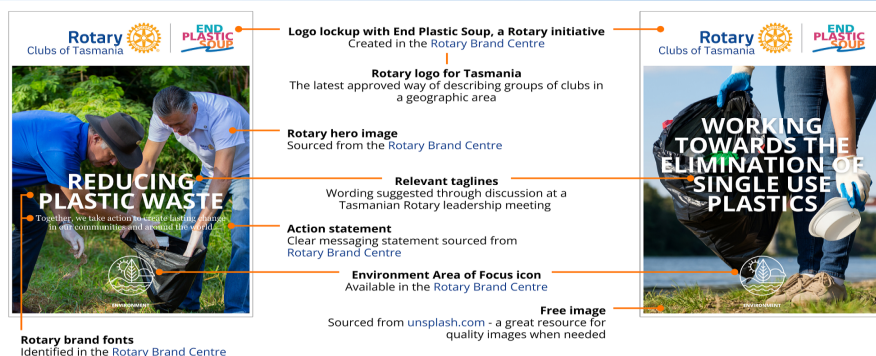
**CREATE HOPE
in the WORLD**

RI Theme 2023-24

Club program - If you are unable to fulfil your role, swap with someone & advise Port Wheel Editor Kerry.

Date	Program	Speaker	Program	Program Chr	Sergeant
Sep 27	CANCELLED		HOLIDAY		
Oct 04	Panthers	Deb & Rob O'Malley	Learning From Horses	Deb Tougher	
Oct 11	Vocational Visit	Greg Davies	Vocational Visit to Marine Rescue	Phil Perry	

BioBlitz—Can we learn something from this re our promotion.



brandcenter.rotary.org/

USING 'KIT CULTURE' TO ATTRACT YOUNGER VOLUNTEERS

Another trend, starting to feature in the research, is the rise of 'kit culture' – think packing meal kits for the homeless or writing advocacy letters to petition government.

Kit culture refers to the practice of providing quick and easy 'pre-packaged' volunteering solutions which enable mainly younger people to express their social conscience in ways that are consistent with their busy, modern, 'right-now' lives. And while the trend may be newly reported, kit culture volunteering itself has been around for quite some time – think, the student armies that pop up spontaneously and the successful 'meal packing event' organised by (then) District 9800 Governor Amanda Wendt as part of the recent Rotary International Convention in Melbourne.

'Packaging up' some of our meaningful volunteering activities may be another way that Rotary clubs can regularly engage with younger volunteers, maybe not as members, but rather as a pathway to membership further down the track. However, for kit culture to be effective, clubs also need to have the right marketing, communication, registration, and supervision processes wrapped around these opportunities. Technology, social media, and a bit of 'youthful savvy' will likely hold the key.

World Polio Day October 24 —Where did all that money go?

Article by PDG Murray Verso, End Polio Now Coordinator

Each year, Rotary members organize events, hold special club meetings, seek media publicity, and encourage donations from Rotarians and non-Rotarians alike to reach our annual End Polio fundraising goal of US 50 million dollars. Raising \$50 million enables us to maximize the 2:1 match from the Bill & Melinda Gates Foundation. Is it worth our while going to all this trouble to raise \$150 million? How does Rotary spend this money? the End Polio funds raised by Rotarians are used to support the activities of the Global Polio Eradication Initiative (GPEI) and are targeted at the geographical areas of greatest need. Expenditure is not only used to provide polio vaccines but also to fund polio vaccinators and vital disease surveillance activities.

Each year, Rotary's International Polio Committee, chaired by Past RI Director and Past Foundation Trustee, Michael McGovern, determines how the \$150 million will be spent. Most of our funds are channeled through the World Health Organization and UNICEF, the implementing partners of the GPEI.

As can be seen from the accompanying pie chart, in 2022-23, Rotary funds supported polio eradication efforts in the two endemic countries of Afghanistan and Pakistan. Funds also supported polio outbreak response activities and vaccines in many countries in Africa and the Eastern Mediterranean Region including Chad, Ethiopia, Zambia and Somalia, to name a few. The "other" category represents Rotary support for surveillance, research, and technical experts at the World Health Organization.

Club News

Stay in the Know!

Oct 11 Vocational Marine Rescue

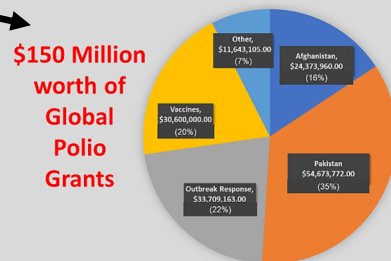
Oct 18 Dorothea McKellar Night Dinner Meeting—see flier for details



Oct 24—World Polio Day
Oct 25 Club Service Night—show & tell projects
Dec 06 AGM Child Protection Training Update
Dec 13 Christmas Party -
Jan 24—Shelly Beach BBQ with Deb and Phil

Jan 31 2024—Start of the New Year

Where Rotary's polio funds went in 2022-2023



Birthdays September 2023

14/09 - Lorryl Rumble-Fuller
20/09 - Debra Tougher

Wedding Anniversaries September 2023